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Schiff Nutrition International, Inc. Announces Timing of Fiscal 2011 Third Quarter Results

Salt Lake City, Utah, March 16, 2011: Schiff Nutrition International, Inc., (NYSE: WNI), announced it intends to discuss its fiscal 2011 third quarter results on Tuesday, March 22, 2011. The company will host a conference call at 11:00 a.m. ET, featuring remarks by Tarang Amin, chief executive officer and president, and Joseph Baty, chief financial officer and executive vice president, followed by a question and answer session.

The conference call will be webcast at http://www.schiffnutrition.com/press_conference_calls.asp. The webcast replay will be available through April 18, 2011. If you do not have Internet access, the dial-in number will be 800-295-4740 for domestic callers and 617-614-3925 for international callers. The participant access code is 36146478. A replay of the call will be available by dialing 888-286-8010 for domestic callers and 617-801-6888 for international callers, and entering access code 65651029. The telephone replay will be available through March 29, 2011.

About Schiff Nutrition

Schiff Nutrition International, Inc. develops, manufactures, markets and distributes branded and private label vitamins, nutritional supplements and nutrition bars in the United States and throughout the world. Schiff's portfolio of well-known brands includes Move Free®, Schiff® Vitamins, MegaRed®, Mega-D3™, Tiger's Milk® and Fi-Bar®. To learn more about Schiff, please visit the web site www.schiffnutrition.com.