



Schiff Nutrition International, Inc. Announces Timing of Fiscal 2012 Second Quarter Results

Salt Lake City, Utah, December 9, 2011: Schiff Nutrition International, Inc., (NYSE: WNI), announced it intends to discuss its fiscal 2012 second quarter results on Thursday, December 15, 2011. The company will host a conference call at 11:00 a.m. ET, featuring remarks by Tarang Amin, chief executive officer and president, and Joseph Baty, chief financial officer and executive vice president, followed by a question and answer session.

The conference call will be webcast at http://www.schiffnutrition.com/press_conference_calls.asp. The webcast replay will be available for 90 days. If you do not have Internet access, the dial-in number will be 866-788-0544 for domestic callers and 857-350-1682 for international callers. The participant access code is 27087881. A replay of the call will be available by dialing 888-286-8010 for domestic callers and 617-801-6888 for international callers, and entering access code 38797592. The telephone replay will be available through December 21, 2011.

About Schiff Nutrition

Schiff Nutrition International, Inc. develops, manufactures, markets and distributes branded and private label vitamins, nutritional supplements and nutrition bars in the United States and throughout the world. Schiff's portfolio of well-known brands includes [Schiff Move Free®](#), [Schiff® Vitamins](#), [Schiff MegaRed®](#), [Schiff Mega-D3®](#), [Tiger's Milk®](#), [Schiff Sustenex®](#), and [Schiff Digestive Advantage®](#). To learn more about Schiff, please visit the web site www.schiffnutrition.com.

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